Uganda Counselling Association 16th Conference
Kampala, Uganda

25th to 27th March 2020

CALL FOR ABSTRACTS

Theme: “Attaining A Healthy Mind in a Healthy Body: Focus on forced migration, Mental health and Gender”

website: www.ucaug.org

Uganda Counselling Association (UCA) is pleased to invite you to the Annual Conference that will take place from 25th to 27th March 2020 at Silver Springs, Hotel, Bugolobi, Kampala and AGM on 27th March 2020.

The event will bring together professional health professionals, Counselling Psychologists, Clinical Psychologists, Community Psychologists, Counsellors, Student Counsellors, Social development practitioners, Educators, Researchers, and policy makers from all over Uganda and beyond.

Objectives of the Conference

The 16th Annual Counsellors’ Conference aims at attaining the following Objectives:

1. To examine the existing mental health and psychosocial practices, models and interventions, that are being used to enhance the well-being of both refugees and hosts in treatment,
recovery and building resilience for individuals, families, men, women, children, and the communities.

2. Provide a forum for all counsellors and those providing counselling services to share experiences and best practices in counseling forced migrants, dealing with Mental Health and Gender challenges.

3. To situate and advocate for counselling as an integral therapy in handling mental health and psychosocial challenges among the forced migrants and the host communities.

We request you to submit your abstract in line with the conference sub-themes as indicated below.

**Conference Sub-themes:**

1. Models that work in the context of forced migration.
2. Psychosocial challenges for hosts and refugees.
3. Mental health and support for children.
4. Gender and Mental health.
5. Human trafficking and the export of labor.
6. Caring for the carer.

**Instructions for abstract submission:**

1. Your abstract should have **maximum of 300 words** [excluding details of the author(s)]. Please note that the conference abstracts review committee will only accept abstracts which follow the guidelines and which are formally correct (e.g., precise length, no typing errors).
2. All abstracts should be written in **Times New Roman, font size 12, single spacing**.
3. The presenting author should be indicated first, and then all other authors’ names can follow.
4. You can submit your abstract via email to: counsellingassn@gmail.com
5. Deadline for abstract submission: **24th February 2020**

*Please note: Notification of abstract acceptance will be sent to you via e-mail by 6th March 2020.*

**Guidelines for those intending to submit abstracts for 16th Annual UCA Conference 2020**

The Abstract being submitted should fall in any of the following 3 categories (with the respective writing format):

1. **Descriptive Abstract**: This can be about a project or a programme. In this case, the writer describes an innovation, which should be counselling related in this case, that the writer deems worth sharing to the Counselling family (Educators, Practitioners, Consumers, Policy makers, students, among others)
   - Title
   - Introduction
   - Programme or Project Description
   - Outcomes
   - Lessons learn
   - Recommendations (for practice and research)
2. **Informative abstract**: This is the one from researched work. In this case, a person should have carried out a study about any topic related to the conference sub-themes. So, the person would be wishing to share such research findings to the conference audience. The format for abstracts in this category should have the following:
   - Title
   - Background (should include the problem or gap addressed)
   - Purpose
   - Objectives
   - Methodology
   - Results
   - Conclusion
   - Lessons learnt
   - Recommendations (for education, practice and research)

3. **Position paper**: A person could be having a really hot issue that is indeed very relevant to conference theme and profession but does not fall in any of the above categories of abstracts. The person would wish to share knowledge and views on such issue. The abstract in this category should have the following:
   - Background
   - Issues
   - Recommendations

For consistency, the writers to utilize the template below for any of the above abstract category

<table>
<thead>
<tr>
<th>Annual Counsellors Conference 2020</th>
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<tbody>
<tr>
<td><strong>Name of Institution</strong></td>
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<td><strong>Designation of Presenting author:</strong></td>
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<td><strong>Sub-theme:</strong></td>
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**Note:**
Abstracts will be assessed according to the following criteria:
1. Originality
2. Innovativeness
3. Relevance to Counselling profession
4. Relevance to the Ugandan context
5. Alignment with the conference theme
Your abstract will be published in the conference book of abstracts after confirmation of your registration for the conference.

If you have any question, please do not hesitate to contact us on:

Phone: 0392831139/0751263433

e-mail: counsellingassn@gmail.com